

Congregation Ahavat Shalom



# מנחה / מערב לחג ל

Evening / Afternoon  
Weekday Service

מזריב לחול / Weekday Evening Service

מגילה / Mincha -Page 7)

Praise God, Source of Blessing; Now & Forever

**בְּרִכָּה אֲתָּה יְהוָה מֶלֶךְ בָּרָקָה:** Chazzan bows at בְּרִכָּה and straightens up at בָּרָקָה. -Chazza

**בָּרוֹךְ כִּי תַּמְבֹרֶךְ לְעוֹלָם וְאֶתְן**

Congregation, followed by Chazzan, bows at בָּרוֹךְ & straightens up at בְּרָךְ ?  
-Congregation  
va-ed olam ham'vorach adonai baruch

God Creates the Wonders of Nature

## Introduction

The need for a compact, easily transportable Mincha/Maariv Weekday Prayerbook is obvious. Minyonos in Houses of Mourning and Havdalah Services in the homes of congregants are but two of the circumstances where this siddur will be utilized. I have attempted to make our ancient liturgy accessible and meaningful to everyone, (including those who are "Hebraically Challenged"), by providing English transliterations and translations where appropriate. My hope is that those who use this siddur will find solace and joy as they worship the Almighty.

Cantor-Elliott-Konvention

Forward *A Story*

A man was walking down the street when he happened to pass by a house which had the windows open. He saw a group of people inside moving very strangely. He thought, "Maybe this is a house for the mentally ill and surely these people are all crazy." The truth is that the man was deaf and the people were dancing to the rhythm of music.

This can be the story of modern man. The rule of our materialistic society doesn't allow us to listen to our spiritual needs.

When we pray we move our bodies to the rhythm of our souls.  
May this book be a source of comfort, peace and love for all  
those who open it.

Rabbi Alberto (Baruch) Zalcovich

એવું હોય કે આ વિષાણુની પરિસ્પત્રીની માટે

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Wunderlich, Borchert / 3

ପ୍ରେସିମମ ଧ୍ୟାନ ଗ୍ରେ-ରୁହ, ପିଲି କ୍ଲାନ୍‌ଡିବ୍ୟ ଏବଂ ଗ୍ରେହ,  
ଶ୍ରୀରାମ ହେତୁ, ଏବଂ ପିଲି କ୍ଲାନ୍‌ଡିବ୍ୟ ଏବଂ ଗ୍ରେହ,  
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ଶ୍ରୀରାମ ହେତୁ, ଏବଂ ପିଲି କ୍ଲାନ୍‌ଡିବ୍ୟ ଏବଂ ଗ୍ରେହ,

You Shall Love God

## **Remember God's Commands**

Uncover and open your eyes

**שְׁמָעֵ אֶלְעָדָל, כִּי אַלְתִּינְ, כִּי אַחֲדָ:**  
sh'ma el'el'ad, ki al'tin, ki achad:  
Cover closed eyes with your hand  
eloheynu adonai echad adonai

Cover closed eyes with your hand

God is One

**ברוך אתה יי'ו אָהָב תְּרִיבָה לְלִבְךָ**

-Clezzai

July 1997

## Fulfill God's Commandments

Teach Torah to Your Children

ເມືດເຫັນ ລົມ ດ້ວຍ ສົງ-ມັດໆ ເປັນ ດາວໂຫຼນ ແລ້ວ ສະແກດ່  
ໄລດ້ເປັນ ສົມ ມັດໆ, ສັບ ສົງ-ດັຕ່ຈໍາ ເສົງ-ຕັກຂ່າຍ  
ເສົມເພື່ອ ບໍ່ເປັນ ດັກ ມັກ ພິດຕະບູນ ສົລັບ “ ດູ້ ດັບ  
ປຸລັດ່ວ ເຊ-ເປັນ ຕັດໆ ເບັນຕັບ ດັກ ມີ ສົມ-ວາດ່າຍ  
ເປັດຜົມເມືດ ດັບ ເປັບ ສົ-“ ດັບໆ” ເກົ່າ ສົມ-  
ຮັບຜົມ ດັດ່ວ່າ ເສົມ ເກົ່ານີ້ ສົມ-  
ຕົສົມ ດັບຜົມ ເສົງ- ເສົມ ເກົ່າ ສົມ-  
ຕົດດູກ, ເສົມຕົມ ຕັດໆ ເມີນໄດ້ ເກົ່າຕົມ ສົລັບ  
ດັດ່ວ່າ ເຕັມ ເຕັມ ເສົງ- ເສົມ, ດັດ່ວ່າ ສົມ-  
ສົມ- ດັບຜົມ ເສົງ- ເສົມ ເກົ່າ ສົມ-  
ສົມ- ດັບຜົມ ເສົງ- ເສົມ ເກົ່າ ສົມ-

## We Ask God to Protect Us & Grant Us Peace

God Is the Eternal Redeemer of Israel

### **Read Silently-**

מַעֲרֵב / Maariv

לְגַדְעָם גֵּסֶם, גֵּסֶם תַּדְבִּיר אֲגַדְתִּים:  
בְּרַכְתָּם אַשְׁטָר, וְכַבְשָׂךְ בְּכַבְשָׂוֹת, מַנְצָחָה, מַלְכוּךְ גַּדְעָם  
בְּאַמְלָא דָבָר, מַלְכָה אַשְׁטָר אַשְׁטָר.

“**ପ୍ରାଚୀନ କବିତା**”

କେଣ୍ଟମୁଣ୍ଡର କେଣ୍ଟମୁଣ୍ଡର କେଣ୍ଟମୁଣ୍ଡର କେଣ୍ଟମୁଣ୍ଡର

卷之三

లుణకొర్ వున్ లెప్పు లైం కెడ్డయ్లు క్రెట్లు లెప్పు  
సుక్కల్లు పుప్ క్లెమ్ము అమ్ « ను నీదు నీల్లు  
సుల్ల చుమ్ లెర్ల ద్వ పు లెప్ ద్వ ఎల్ల సుల్ల చుమ్లు  
చుమ్ « చుల్లిలు లు చుల్ల రెల్లులు పుప్పు లెప్పు  
చుమ్ « చుల్లిలు లు చుల్ల రెల్లులు పుప్పు లెప్పు  
చుమ్ « చుల్లిలు లు చుల్ల రెల్లులు పుప్పు లెప్పు

କେବେଳ କାହାର ପାଦରେ ତାହାର ପାଦରେ କାହାର ପାଦରେ

ດែល ជីតិតិបា' ប្រសើរដែរ ចាយបណ្តុះដ្ឋាន. ទេរ នូវ ស៊តែ  
ប្រសើរដោ ' សុប្បរៈ' ទីផែន ជា ប្រជែង, ប្រុងប្រយោជន៍

မြန်မာ တော် အောင် ရှိခဲ့ လျှော့ ပုဂ္ဂန်များ  
မြန်မာ တော် အောင် ရှိခဲ့ လျှော့ ပုဂ္ဂန်များ

ଲାଭ ହେବାର ଅବସାନ ହେବାର ପାଇଁ କିମ୍ବା କିମ୍ବା  
କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା

କୁମର ନାମେ ହୀଲା ଏତିଥିରେ ଦେଇ ପାରିଲା:

ଅର୍ଥାତ୍ ଏହିପରିମାଣରେ କୁଳାଲ ପରିମାଣରେ କିମ୍ବା କିମ୍ବା କିମ୍ବା

אלבז'ונת מלכוןם כל אומלמיים, ממשיכם הכל נור מה

દેશ અને વિદેશ પરાપરાં કાંઈ હાજરી નથી

ପାଦମୁକ୍ତ ହେଲେ ଏହିରେ ଆଶିଷ ପାଦମୁକ୍ତ ହେଲା

ଲେଖ କରିବାରେ ପରିମାଣ କରିବାରେ ଏବଂ କରିବାରେ ଏବଂ କରିବାରେ

תְּלִילָה וְעַמְלָה

ପ୍ରମାଣ କରିବାକୁ ପାଇଁ ଏହାକୁ ନାହିଁ ।

ပြောင်းလဲမှတ်တမ်း၊ ပြောင်းလဲမှတ်တမ်း၊ ပြောင်းလဲမှတ်တမ်း၊

ପାଦମୁଖ କରିଲେ ଏହାରେ ପାଦମୁଖ କରିଲେ ଏହାରେ

בְּגַלְעֵד וְמִכְלָל אֶחָד וְלֹא־לָתוֹן אֲיוֹן מִזְרָחָה

සුප්‍රත්මක ස්වභාව පෙන්වනු ලබයි.

## **מנחה לחול Service / Weekday Afternoon Service**



**G'vurot 2. You are Master Over Life & Death גְבוּרָות**

**K'dushat HaShem 3A. You are Holy קָדוֹשַׁת שֵׁם**

אֱלֹהִים בְּכָל יוֹם יְהִלְלָה, נָמָתֶן  
y'hil'ucha yome b'ch'al uk'doshim kadoshe v'shimcha kadosh  
בְּשָׁלָחַ רְאֵשׁ הַמָּלְךָ הַמָּלְךָ. ש.

Between Rosh H. & Yom K. hakadoshe ha-el adonai ata baruch sela  
You are holy and Your Name is holy. Holy are those who praise  
You daily. Blessed are You, God, the Holy Lord. (To #4-Page 12)

**K'dusha 3B. You are the Source of Holiness קָדוֹשָׁה**

(1) Congregation reads silently, (2) Chazzan repeats aloud  
בְּקָדְשׁ אֶת שְׁעָדָה בְּעָזָלָם, כְּשָׁם שְׁפָטְךָ לִשְׁפָטָים אוֹתָנוּ בְּשְׁמֵינוּ  
bishmey oto shemakdoshim k'shem ba-olam shimcha et u'kadesh  
וְאַנְגָּבָה: זְהָא אֶל גִּזְעָנָה: זְהָא אֶל גִּזְעָנָה:  
v'amar zeh el zeh v'kara n'veyecha yad al kakatuve marome

Raise yourself on your toes on each of the first 3 words:  
קְדוֹשָׁה, קְדוֹשָׁה, קְדוֹשָׁה, קְדוֹשָׁה  
k'dusha ha-arets chal m'lo ts'va-ote adonai kadosh kadosh

לְעַמְּנָדָה בְּרוּךְ נָאָמָר.  
yomeru baruch l'umamatam -Chazzan

מִמְּקוֹמוֹ.  
mimkomo adonoi k'vede baruhuv

לְאַמְנוֹן:  
leymor kad'shi cha uv'divrey vador l'dor tsiyone elohayich l'olam adonai yimloch Chassan:

לְדוֹר נָאִיד דְּלָה, וְלָצָה בְּצָהִים קְדוֹשָׁה גְּדוֹשָׁה,  
haliluya vador l'dor tsiyone elohayich l'olam adonai yimloch Chassan:  
בְּרוּךְךָ יְהָא אֲלֹהִים.

לְדוֹר נָאִיד דְּלָה, וְלָצָה בְּצָהִים קְדוֹשָׁה גְּדוֹשָׁה,  
שְׁבָדָה, אַלְמָנָה, מִקְדָּשָׁה לְאַבְנָשׁוּלָם וְאֶל, כִּי אֶל  
בְּרוּךְךָ יְהָא אֲלֹהִים.

Between Rosh H. & Yom K. substitute טהלה מוקדש (To #4 Page 12)

**G'vurot 2. You are Master Over Life & Death גְבוּרָות**

אֱתָה גָּבֹר לְעוֹלָם אֱדוֹגִי מְתֻחָה מְתֻמִּים אֱתָה וּבָר  
ata rav metim m'chayeh adonai l'olam

From Sh'mini Atzeret until Pesach add  
הַשְׁמִינִית הַרְאֵת מִזְרָחָה תְּמִשְׁבֵּחַ  
hagashem umoreed haru-ach mashiv

מִכְלֵכֶל תְּאִים בְּחִסְדֵּךְ, מִתְחִיה מִתְגִּים בְּרִיחִים  
rabim b'rachamim metim m'chayeh b'chesed chayim m'chakei

סְמִינָה נְגִילִים, וְרוּגָה אַסְרוּרִים,  
asurim umatir cholim v'rofeh norlim somech

וְמִקְרָם אַתְּנָתוֹ לְעַשְׂרֵה, כִּי כְּמוֹנָבָל אֲבוּרָות  
g'vurote ba-al charmocha mi afar lishene emunato um'kayem

וְגַם דָּוֹמָה לְךָ, מִלְּךָ מִמְּנִירָה וּמִצְמִיחָה יְשִׁעָה:  
y'shu-a umatsmi-yach um'chayeh mehmit melech lach domeh umi

Between Rosh Hashana and Yom Kippur add:  
מִי מְכוֹן קְרָבָה קְרָבָה קְרָבָה קְרָבָה קְרָבָה

וְמִקְרָם אַתְּנָתוֹ לְעַשְׂרֵה, כִּי מִתְּעִירָה אַבְּגָדָה  
mehtim l'hachayote hametim m'chayen adonai ata v'neh-ehman

וְגַם דָּוֹמָה לְךָ, מִלְּךָ מִמְּנִירָה יְשִׁעָה:  
baruch

וְגַם דָּוֹמָה לְךָ, מִלְּךָ מִמְּנִירָה יְשִׁעָה:  
Your might is boundless.

You give life to the dead; great is Your saving power.  
Your love sustains the living.

You support the falling, heal the ailing, free the fettered.  
You keep Your faith with those who sleep in the dust.

Whose power can compare with Yours?

You are Master of life, death and deliverance.  
Faithful are You in giving life to the dead.

Blessed are You, God, Master of life and death.

Maariv / מַעֲרִיב = Continue with 3A - Then #4 on Page 12

Mincha / מִנְחָה = Continue with K'dusha (3B) - Then #4 on Page 12

## S'lichah

### 6. Forgive Our Sins

**לְמַנְאָה לְמַנְאָה כִּי אָבִינוּן,**  
lanu m'chal chatanu ki avinu  
**סְלָחֵנָה לְסְלָחֵנָה כִּי מַוְתָּל וְלִסְלָלָה.**  
ata v'soleh-ach mochel ki fashanu  
**כִּי שָׁעָן, כִּי מַוְתָּל כִּי לִסְלָל.**

Strike left side of the chest with the right fist at **אָבִינוּן** & **מַוְתָּל**.  
Forgive us, for we have sinned. Pardon us, for we disobey.  
Blessed are You, God, our kind and forgiving Lord.

## Binah

### 4. Grant Us Wisdom

**לְאָנוֹשׁ בִּינָה.**  
bina  
**סְלָחֵנָה כִּי לְאָנוֹשׁ בִּינָה.**  
s'lach lanu  
**מַלְכָנוּ כִּי מַלְכָנוּ כִּי לְאָנוֹשׁ בִּינָה.**  
malkenu ki malkenu  
**בְּרוּךְ אֱלֹהִים לְאָנוֹשׁ בִּינָה.**  
baruch ata adonai  
**בְּרוּךְ אֱלֹהִים לְאָנוֹשׁ בִּינָה.**  
baruch ata adonai

Blessed are You, God, our kind and forgiving Lord.

## G'ulah

### 7. Redeem Us

**רָאֵת בְּאֶלְגָּנוֹן וְרִיבְרָה רִיבְנָגָן וְאַלְגָּנוֹן מִלְּמָעָן פְּשָׁעָן,**  
sh'mecha l'im-a m'hera ug'alenu rivenu v'riva v'anyenu  
**אַל יְזַעֲלֵל אַל יְזַעֲלֵל?**  
yisrael goel adonai ata baruch ata chazak goel ki

Bring us back to Your Torah. See our pain and help us. Save us for You are a great Redeemer. Blessed are You, God, Redeemer of Israel.

## R'fuah

### 8. Heal Us

**לְפַואָה וְרִקְבָּנוּן כִּי תְּרִקְבָּנוּן כִּי תְּרִקְבָּנוּן?**  
t'hilatenu ki v'nivashah-ah hoshi-enu v'nerateh adonai r'fa-enu  
**מַכוֹנָנוּן לְכָל מַכָּנוּן כִּי תְּרִקְבָּנוּן.**  
makotenu l'chay sh'lema r'fu-ah v'hishaleh ala  
**אַפְתָּה אַפְתָּה נְאַפְתָּה כִּי תְּרִקְבָּנוּן?**  
ata v'rachaman neh-ehman rofeh melech el al  
**אַל יְאַלְלֵל עַנוּן כִּי תְּרִקְבָּנוּן?**  
yisrael amo choley rofeh adonai ala

Heal us and save us O Lord. Give us complete recovery from all our illnesses. Blessed are You, God, Healer of the people Israel.

## T'shuva

### 5. Allow Us to Repent

**תְּשִׁיבָה אֶבְיוֹן לְתְּשִׁיבָה וְתְּשִׁיבָה מִלְּכָנוּן לְתְּשִׁיבָה.**  
la-avodatecha mal'kenu v'kar'venu l'oratecha avinu hashivenu  
**תְּשִׁיבָה שְׁלָמָה לְתְּשִׁיבָה.**  
l'tanecha sh'lema bit'shuva v'hachazirenu  
**תְּשִׁיבָה חֲרֵץ בְּתְּשִׁיבָה.**  
bit'shuva haroseh adonai ata baruch

Bring us back, to Your Torah and closer to You.

Help us to be truly repentant.

Blessed are You, God, who welcomes our repentance.

## Binah

### 4. Grant Us Wisdom

**אַתָּה לְאָנוֹשׁ בִּינָה.**  
ata bina  
**אַתָּה לְאָנוֹשׁ בִּינָה כִּי לְאָנוֹשׁ בִּינָה.**  
At the Conclusion of Sabbath and Festivals add:  
**לְאָנוֹשׁ בִּינָה כִּי לְאָנוֹשׁ בִּינָה.**  
leh-enosh um'lamed da-at adam chonen

בְּרֵחֶלֶת כָּבָד אֲשֹׁוֹר וַיְעִצֵּנוּ קְבָרָה שׂוֹטֵטִים  
k'vet haishona shofteynu k'varishona v'yo-atseynu  
בְּרֵחֶלֶת אַתָּה וְמַלְךָ לְלִינְגָן  
ata umloch aleynu va-anacha  
בְּרֵחֶלֶת בְּרֵחֶלֶת כָּבָד מִמְּנָא  
bamishpat vitsad'kenu b'chesed l'av'd'cha adonai

Between Rosh Hashana & Yom Kippur substitute טְחִילָה תְּמִימָה.  
בְּרֵחֶלֶת אַדְמָה אַדְמָה מֶלֶךְ אֹזְבָּה  
ts'daka ohev melech adonai ata baruch

Make our judges and advisors fair and honest as in the past.

Remove sorrow and pain from us.

Rule over us with love, kindness, justice and mercy.

Blessed are You, God, the ruler who loves justice.

בְּרֵחֶלֶת אַתָּה הַשְׁפָּעָה כָּבָד אֲלִינְגָן  
v'et hazote hashana et eloheynu adonai aleynu barech  
בְּרֵחֶלֶת וְמַלְךָ לְלִינְגָן  
al b'racha v'ten t'vu-ata miney kol

(Between Dec. 4th and Pesach add):

בְּרֵחֶלֶת כָּבָד עַל כָּבָד  
p'ney al sh'natnu sh'natnu mituvecha v'sabenu  
בְּרֵחֶלֶת כָּבָד מִתְּבָרָךְ, כָּבָד  
kashanim sh'natenu uvarech mituvecha v'sabenu  
בְּרֵחֶלֶת כָּבָד מִתְּבָרָךְ כָּבָד  
hashanim m'verech adonai ata baruch

Lord, our God, make this a blessed year.

Give blessings to the whole earth.

Blessed are You, God, Who blesses the years.

בְּרֵחֶלֶת הַרְשָׁעָה כְּבָרֶגֶע  
k'rega harisha v'chail tik'va al vilamishlimim  
בְּרֵחֶלֶת אַבָּד, וְכָל אַזְיָזִיד מִתְּרָה יְקַרְתָּה, וְכָל  
m'hera v'hahzedim yikaretu m'hera oy'veycha v'chay toved  
בְּרֵחֶלֶת בְּמִרְמָה בְּמִרְמָה  
v'ymeynu bim'hera v'tachniya utshaber taker  
בְּרֵחֶלֶת אַבָּים וְמַגְנִיעָם  
zedim umachniya oy'veim shover adonai ata banuch

Stop those who hate us. Make all evil disappear.  
Quickly find, throw down and crush the wicked.  
Blessed are You, God, who destroys enemies  
and crushes the wicked.

בְּרֵחֶלֶת גָּדוֹל לִרְחָתָן, וְאֶל כְּבָד  
l'cherutenu i'kabets nes visa gadole b'shofer t'ka  
בְּרֵחֶלֶת הַאֲרָז. מְאַרְבָּע  
ha-arets kanfote meh-arba yachad v'kab'isenu galuyoteynu  
בְּרֵחֶלֶת יְשָׁרָאֵל. צָמָא? נִידְחָה  
yisrael amo nid'chey m'kabets adonai ata baruch

Sound the great shofar for our freedom.  
Raise the banner to gather us together  
from the four corners of the earth.  
Blessed are You, God, who gathers our people together.



פָּנָאָה

## **Hoda-ah** 18. We Thank You

## עבודה Avodah 17. Accept Our Prayers

## 17. Accept Our Prayers

בָּרוּךְ	אֱלֹהֵינוּ	יִשְׂרָאֵל	מִתְּחִזְקָה	וְרֶשֶׁב
v'hashav	uvitfilatam	yisrael	b'amcha	eloheynu adonai r'tseh
עַבְדוּת	עַבְדוּת	יִשְׂרָאֵל	בְּעַמְּךָם	אֱלֹהֵינוּ
וְרֶשֶׁב	וְרֶשֶׁב	וְרֶשֶׁב	וְרֶשֶׁב	בָּרוּךְ
עַבְדוֹת	עַבְדוֹת	יִשְׂרָאֵל	יִשְׂרָאֵל	יִשְׂרָאֵל
וְרֶשֶׁב	וְרֶשֶׁב	וְרֶשֶׁב	וְרֶשֶׁב	וְרֶשֶׁב

Accept the prayers of Your people Israel  
and restore worship to Your Temple.  
May our prayers always be acceptable to

During Chahukhan add:

ପ୍ରକାଶକ

କୁଳାଙ୍ଗ ରାଜ୍ୟ ଏ ନେତୃତ୍ବ ଦିଲ୍ଲି ପାଇବାର ମଧ୍ୟ ହେଲା

17 Continues

בְּרָכָה	בְּרָכָה	בְּרָכָה	בְּרָכָה	בְּרָכָה
b'rachahim	I'tslyone	b'shuv'cha	b'shuva	b'rachah
בְּרָכָה	בְּרָכָה	בְּרָכָה	בְּרָכָה	בְּרָכָה
eyneynu	v'techezeyna	eyneynu	eyneynu	eyneynu
ata	adonai	adonai	adonai	baruch

May You return to Zion. Blessed are You, God, who returns to Zion.

**ברכת שלום** 19. Grant Us Peace

ברכת שלום	19. Grant Us Peace	*שלום rav	רָב אֶל יִשְׂרָאֵל כָּל יִשְׂרָאֵל שָׁלוֹם בְּרוּךְ הוּא מֶלֶךְ אָדוֹן לְכָל תְּשִׁלּוּם לְעוֹלָם, וְלְעוֹלָם, וְלְעוֹלָם.
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וְתֹב	בָּנֵי נְחֶחֶה	לִבְרַךְ	מֶלֶךְ	אָדָׁן	וְנַחֲלָה	בְּכָל	שָׂעָה	בְּשִׁלְמָה	יְהִי	קְדוּשָׁה
v'tove	b'necha	l'verech	melech	adone	et	et	shashat	bishlomecha	ki	h'chal

ବ୍ୟାକରଣ ପଦମାତ୍ର ହେଉଥିଲା ଏହାର ଅନ୍ଧରେ କିମ୍ବା କିମ୍ବା ଏହାର  
ଅନ୍ଧରେ କିମ୍ବା କିମ୍ବା ଏହାର ଅନ୍ଧରେ କିମ୍ବା ଏହାର ଅନ୍ଧରେ

卷之三

ברוך אתה ייְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
baruch atah yehova' elohenu melech ha-olam

Grant full, lasting peace to Your people Israel.

Blessed are You, God, who blesses Israel with peace.  
or You are the supreme Ruler of peace.

କେବଳ ଏହାର ପାଇଁ କିମ୍ବା  
କିମ୍ବା ଏହାର ପାଇଁ କିମ୍ବା  
କିମ୍ବା ଏହାର ପାଇଁ କିମ୍ବା

On Purim add:

ଏ ହେଉ ପାଥର' ମେଳି ଆମ ଖେଳ କରି ରହ ପରି  
ପାଇଲା ତରିକେ ନମ ରଖିଲା' ପାଇଲାକୁ ନମ ଦିଲାଇଲା ପାଇଲା  
ଲାଗି ଗୋଟିଏ ପାଇ ପିଲା ନମ' ଶେଷରେ ଦେଇ ଖେଳିଲା ପାଇଲା  
ଯେତେ ହେଲା ମୀଳ' ତିଥି ହେଲାର' ଏହି ନମ ହେଲାକିମାଣ  
ପାଇଲା' ଏଥିର ଦେଖିଲା' ଦେଖିଲା' ନମ ହେଲାକିମାଣ  
ହେଲା' ଏଥିର ଦେଖିଲା' ଦେଖିଲା' ନମ ହେଲାକିମାଣ'  
ହେଲା' ଏଥିର ଦେଖିଲା' ଦେଖିଲା' ନମ ହେଲାକିମାଣ' ହେଲା  
ହେଲା' ଏଥିର ଦେଖିଲା' ଦେଖିଲା' ନମ ହେଲାକିମାଣ' ହେଲା

18 Continues



For all the things You do for us, our Ruler,  
may Your name be blessed and praised forever and ever.

Every living creature will thank and praise You

for Your deliverance and help.

Blessed are You, God, for Your Good Name deserves thanks.



קדרון טהרה יתעטש קדוש

Mourners & those observing Yahrtzeit-

**In a House of Mourning** continue with Psalm 49-**Pages 26 & 27.**  
Or, on days when Tachanun is not recited, Psalm 16- **Page 28.**  
**All other times** continue with Psalm 30- **Page 29.**  
Or, during Elul - until Sh'mini Aseret- **Psalm 27- Page 29**

אֱלֹהֶנְגָּה / Aleynu

In a House of Mourning

Psalm 49

Hear this truth, all peoples:  
Hearken, all who inhabit this world;  
Listen, be you of low or high station,  
Rich and poor alike.  
My mouth shall utter words of wisdom-  
The deep meditation of my heart.  
I shall attune my ear to parable,  
And on the harp unfold my deepest thought.  
Why need I fear when evil days come?  
Only my own sins can ensnare me.  
They who rely on their worldly power,  
And boast of their great wealth,  
Truly not one of them can save themselves from death  
By offering God a ransom for life.  
No matter how high be the ransom.  
Life must finally come to an end.  
Can man expect to live forever  
And never go down to the grave-

When he sees that even the wise die,  
Just as the fool and the knave do perish;  
And all leave their wealth to others?  
Men think that their houses will stand forever.  
When they name their estates after themselves,  
Man survives not the splendor he cherishes;  
His end is like that of the beast that perishes.  
Such is the fate of them that are foolishly complacent,  
And of their followers that laud their ways.

Like sheep they are marked to die;  
Verily, death is their shepherd....  
Before long the form wastes away;  
The grave does not preserve it...

Be not dismayed when a man grows rich,  
And when his material possessions increase.  
For he will take nothing with him when he dies;  
His wealth will not descend with him to the grave.  
Though a man glorify himself during his lifetime  
And people honor him because he has prospered,  
He must nevertheless pass on like the generations before

Man that glories in wealth and does not understand this,  
His end is like that of the beasts that perish.

In a House of Mourning

On days when Tachanun is not said, substitute Psalm 16-Pg. 28- for the following:

卷之三

၆၈ ဒေသပုံ၊ ပင်လျှမ်၊ ရေမျိုး၊ ပီမံခိုင်၊ တော်၊ ဘေး၊ မြန်မာ၊  
မြန်မာ၊ ရွှေ၊ အောက်၊ မြန်မာ၊ မြန်မာ၊ မြန်မာ၊ မြန်မာ၊ မြန်မာ၊ မြန်မာ

କେବୁ ରୂପରେ ଦେଖୁ ଲାଗୁ କମର ଏ  
ଏହା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା  
କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା  
କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା





“ପିଲ୍ଲା ଦୟାରୀ ସମ୍ପଦ, ରେଣ୍ଟିକ୍ ଅଟ୍ଟିବ ନେଇଛି”

Chazzan-  
לְבָדֵעַ כִּי־אָמַרְתָּ לְשֹׁנָךְ אֲנָה שְׂרָפָה מִבְּשָׂרֶךָ

Drink the wine, then extinguish the flame of the candle inwith the remaining wine.

Extend your range toward the Hevelian regime

କାହାର ପାଇଁ କାହାର ପାଇଁ  
କାହାର ପାଇଁ କାହାର ପାଇଁ  
କାହାର ପାଇଁ କାହାର ପାଇଁ  
କାହାର ପାଇଁ କାହାର ପାଇଁ

Put down the cup without drinking.

Raise the cup of wine - Chazzan onlines

וְיַעֲשֵׂה	<i>v'yaaseh</i>	וְיִקָּרֶב	<i>v'yikar</i>
וְיִסְמְחֵה	<i>v'yisimcha</i>	וְיִתְּהַלֵּךְ	<i>v'yit'halech</i>
וְיִתְּהַלֵּךְ	<i>v'yit'halech</i>	וְיִתְּהַלֵּךְ	<i>v'yit'halech</i>

Everyone

ହେବ ଦୀପି ॥ ସେଇମ୍ ନାହିଁ କିମି ହେବ କିମି  
ତାହେମ୍ ଦୀପି ॥ ହେବିମ୍ ଗଜିର କରିବିଲି ଦିଲି ନାହେମ୍  
କାଳି ଉଚିତିରେ ପିଲାହେମ୍ ଦିଲାହେମ୍ ଗିର ଗଜିର  
ହେବି କିମି କିମି କିମି କିମି କିମି କିମି କିମି କିମି

ספרית העומר - ס'firat HaOmer

Counting of the Omer

The Omer is counted for 49 days-  
From the 2nd night of Pesach until the night before Shavuot.



၃၁. မြင်းဝါ ရောက်တဲ့ ပြု၊ လိပ်ပြ လဲတဲ့ အပ် ပေါ်တဲ့ ပေါ်တဲ့

卷之三

၃၇· လမ်းပေါ် ရန် ၄၀· လမ်းပေါ် ရန် လောက်တွင် အောင် ထောက်

၈၁ မြန်မာပြည် ရွှေမြစ် လေး လောက်မှု ပေါ်လဲပြီး အောင်

၃၃. လောက အေဆုံးခုံ၊ လောက ရောင်းပ ရဲေသမ ၁၂၀ နှင့်  
၃၄. နှုတ် အေဆုံးခုံ၊ လောက ရောင်းပ ရဲေသမ

၄၃' ပြည်ပ ဖော်လေ ၄၀' လီမီ လဲလုပ် လဲလုပ် ရဲတရာ့မ အိမ်ဆောင် ထံ။

၁၃။ လောက်ပေါ် အနေဖြင့် ၄၀' လုပ် ရဲတော် ရဲတော်

ଓঁ শৈবালো দ্বা' গুড়ো নেকেন হচ্ছিলু কীৰ্তি' হো

## תפלות ומחימים / Prayers of Consolation

This home has been darkened by the shadow of death. We gather here to pray that the bereaved may find comfort in their grief and courage to face the trials which this sorrow has brought upon them. O Lord, we turn to You in the faith that only through prayer will we find strength. For we know that You, who are our loving Parent and the source of all consolation, holds our dear one in Your tender care.

God of mercy, comfort those whose hearts lie heavy within them. Though now they mourn, may they not murmur against Your decree; though now they grieve, may they not surrender to despair. Help them to rise above sorrow and to find their strength in their unfaltering trust in You. Amen.

## אשת חיל - A Woman of Valor

A woman of valor: A priceless find,  
a treasure more precious than pearls.  
An unfailing asset to her husband,  
she assures him a life of contentment.  
Eager, energetic, far-sighted, and strong,  
her family knows she will always be near.  
Her optimism never wavers,  
her industriousness never flags.

She extends a hand to the poor;  
she offers her hands to the needy.

She projects strength and dignity,  
and is confident about the future.

Her speech abounds with wisdom;  
she soothes everyone with words of kindness.

Her children bring her fulfillment,  
her husband sings her virtues:  
“Many women have excelled,  
but you surpass them all.”

Charm is a mask and beauty is vain,  
but a righteous woman is deserving of praise.  
Her handiwork attests to her merit;  
all her actions bring her honor.

3. אָמֵן וְלֹא־לְאַמֵּן יְמִם, שֶׁלְּבָם אֲמֹרֶתֶת שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים 32. גָּלוּסָם וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם אֲמֹרֶתֶת שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים 33. שְׁלָשָׂה וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם אֲמֹרֶתֶת שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים 34. אֲמֹרֶתֶת וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם אֲמֹרֶתֶת שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים 35. בְּנָצָת וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם בְּנָצָת שְׁבוּעָות  
36. שְׁלָשָׂה וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם בְּנָצָת שְׁבוּעָות וְיֻמְּךָ אָמֵן  
37. שְׁלָשָׂה וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם בְּנָצָת שְׁבוּעָות וְשְׁנִי יְמִים  
38. שְׁלָשָׂה וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם בְּנָצָת שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים  
39. בְּנָצָת וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם בְּנָצָת שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים  
40. אֲמֹרֶתֶת וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם בְּנָצָת שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים  
41. אֲמֹרֶתֶת וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם בְּנָצָת שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים  
42. בְּנָצָת וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם שְׁלָשָׂה וְלִלְשָׂוֹת מִמִּים  
43. בְּנָצָת וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם שְׁלָשָׂה שְׁבוּעָות וְיֻמְּךָ יְמִים  
44. אֲמֹרֶתֶת וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם שְׁלָשָׂה שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים  
45. בְּנָצָת וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם שְׁלָשָׂה שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים  
46. שְׁלָשָׂה וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם שְׁלָשָׂה שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים  
47. לְדָבָר וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם לְדָבָר שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים  
48. שְׁלָשָׂה וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם שְׁלָשָׂה שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים  
49. בְּנָצָת וְלִלְשָׂוֹם יְמִם, שֶׁלְּבָם שְׁלָשָׂה שְׁבוּעָות וְלִלְשָׂוֹת מִמִּים

Psalm 23

A Psalm of David

The Lord is my shepherd; I shall not want.  
He maketh me to lie down in green pastures;  
He leadeth me beside the still waters.  
He restoreth my soul;  
He guideth me in straight paths for His name's sake.  
Yea, though I walk through the valley of the shadow of death,  
I will fear no evil, for Thou art with me;  
Thy rod and Thy staff, they comfort me.  
Thou preparest a table before me  
in the presence of mine enemies;  
Thou hast anointed my head with oil;  
my cup runneth over.

Surely goodness and mercy shall follow me  
all the days of my life;  
And I shall dwell in the house of the Lord forever

## The Riches of a Good Name

Honor a man for what he is;  
But honor him more for what he does.  
Honor not a man for his possessions;  
Honor him for the right use he makes of them.  
If one is blessed with wisdom as well as riches;  
His wisdom will guide him to share his blessings with others.  
Riches often make themselves wings,  
Like an eagle that flies toward heaven;  
For riches are not everlasting;  
Even the crown of royalty does not endure forever.  
Man heaps up riches,  
And knows not who shall gather them.  
Store up for yourself a treasure of righteousness and love,  
And it will be your most priceless possession.  
Better than the fragrance of precious oil  
Is the fragrance of a good name.  
A good name is to be chosen above wealth,  
And character rather than silver and gold.  
Blessed is the one  
Who bequeaths a good name to his descendants.  
There are three crowns: The crown of Torah,  
the crown of priesthood, and the crown of royalty,  
But the crown of a good name excels them all.  
Even a long life ends too soon,  
But a good name endures forever.  
Blessed is he whose noble deeds remain his memorial  
After his life on earth is ended.  
The righteous need no monuments;  
Their good deeds are their memorials.  
When man departs this world,  
Neither silver nor gold nor precious stones accompany him;  
He is remembered for his love of learning and his good deeds.  
Happy is the man who is rich in Torah and good deeds.  
For he shall be honored in life,  
And be remembered long afterwards for his goodness.

### Memorial Prayer for a Child or Youth

Our Creator, Source of strength in time of trouble, with sorrowing hearts, we turn to You for comfort as we share the grief that has befallen this household.

We do not presume to understand, nor may we question the wisdom of Your ways. You send sorrow and joy, bitter and sweet, dark clouds and bright sunlight. We only know, with the faith which You have implanted in our souls, that You, O God, are the Creator of life, and in Your hands are the souls of all those loved ones who leave us to return to You.

Our Ruler who heals the broken-hearted and binds up their wounds, we pray You to send Your consolation to the bereaved parents and to all who knew and loved .....

May their trust in You not falter though they do not comprehend Your purpose nor now understand why their love brings them tears. Keep steadfast their faith in You and in the goodness of life. Help them to find consolation in knowing that whatever You do is for the best. Fill them with fortitude bravely to resume the daily tasks and challenges of life. In serving You and their people, may healing come to their depressed hearts.

O merciful One, keep in Your loving care the soul of our dear one. May (his/her) soul be bound up in the bond of eternal life, together with all the precious souls that are united in You, our Creator and Ruler. Amen.

### Memorial Prayer for a Man

Our Creator, Author of life and death, keep in Your loving care the soul of our departed ..... who has been called back unto You. Shelter his soul in Your presence for with You is eternal life. Remember all the goodness which he wrought in his lifetime. Bestow upon him the bliss that is treasured up for the righteous in the world to come.

O You who heals the broken-hearted and binds up their wounds, grant Your consolation to the mourners. Strengthen them in their grief. Fill their hearts with reverence and love to You that in memory of their dear one, they may serve You through deeds of lovingkindness. Thus will the soul of ..... be bound up in the bond of eternal life, together with the souls of all the righteous that are in Your keeping. Amen.

### Memorial Prayer for a Woman

Our Creator, Author of life and death, keep in Your loving care the soul of our departed ..... who has been called back unto You. Shelter her soul in Your presence for with You is eternal life. Remember all the goodness which she wrought in her lifetime. Bestow upon her the bliss that is treasured up for the righteous in the world to come.

O You who heals the broken-hearted and binds up their wounds, grant Your consolation to the mourners. Strengthen them in their grief. Fill their hearts with reverence and love to You that in memory of their dear one, they may serve You through deeds of lovingkindness. Thus will the soul of ..... be bound up in the bond of eternal life, together with the souls of all the righteous that are in Your keeping. Amen.

## Selected Laws and Customs of Mourning

One becomes an "oveil" (mourner) upon the death of a parent, husband, wife, child, brother or sister, (including half-siblings).

Upon return from the funeral, prior to entering the house, it is customary to wash one's hands and let them dry by themselves. In the house of the mourner, all mirrors should be covered and a candle should remain kindled throughout the Shiva period.

Shivah (the seven day period of mourning) begins immediately after the funeral. The day of burial is counted as the first day of Shivah provided the burial was completed before sunset. During the days of Shivah, the mourners remain at home and do not work. They sit on low stools and wear slippers of felt or cloth. Traditionally, listening to music and watching television are prohibited activities as are shaving, haircuts and wearing cosmetics. The first 3 days of Shiva are the most intensive and also the minimum mourning period.

It is preferable to sit Shiva in the house where the departed lived and passed away. If this is not possible, Shiva may be observed in the house of the mourner. If there are many mourners and they cannot sit together, then each one may sit Shiva in his own home. Where mourners are sitting Shiva together, they are permitted to return to their respective homes to sleep.

Shabbat counts as one of the days of Shivah. However, mourning is suspended on Friday Evening and continues again on Saturday evening. Mourners should attend Shabbat worship services to allow the congregation an opportunity to offer condolences.

If a death occurs preceding or during a festival, consult a rabbi. The period of 30 days following the burial (and including Shiva) is known as Shloshim. Mourners return to work but do not attend weddings, dances, parties or any other form of merriment.

The mourning period continues to a lesser degree for an additional 10 months past Shloshim (a total of 11 months). Those mourning a parent may extend the restrictions of the Shloshim period during these months. Worship services should be attended and Kaddish recited daily during this time.

After one year has passed from the day of burial, the unveiling of the monument at the gravesite may take place.

Yahrtsite occurs on the anniversary (Hebrew date) of the death. A mourner should attend daily worship services, recite Kaddish and act as chazzan (prayer leader) if possible. The mourner should attend Shabbat morning prayers preceding Yahrtsite, inform officials and be given an aliyah to the Torah.

A light (candle or electric) is lit in memory of the deceased on the eve of Yahrtsite and allowed to burn until the following evening.