

Security Tip of the Month

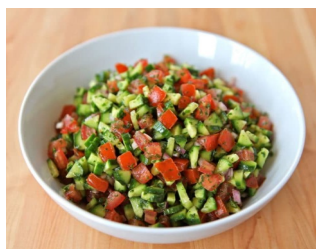
Be alert and aware! While you are walking, keep your mind on what is going on around you. Knowing who is near is the first step to being secure. If someone makes you feel uncomfortable, move in the direction of other people.



February Recipe from Maria

Israeli Salad (4 Servings)

- Finely dice 2-4 Cucumbers
- 4 large tomatoes
- 1 green pepper
- 1 red pepper
- 1 small onion, mix in bowl
- Add 2 tbsp olive oil, 1 tbsp lemon juice, and salt and pepper to taste
- Serve immediately



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Special points of interest

- Evening Minyans: Online Only
- Opportunities to engage with CAS
- Our new Office Administrator



Learning: A Lifelong Occupation

Learning & Engagement Center

Enjoy these CAS opportunities with your friends

Rabbi Adult sessions: **The Torah within us & the connection with the past and the present.**

- Tuesdays 10:30am & 6:30 pm

LEC

Sunday, February 5

- ◆ Tu B'Shevat Seder

Sunday, March 5

- ◆ Purim Grand Celebration



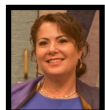
We are already into our second month of this calendar year! Tu Bi'Shevat actually starts on Sunday, February 5th and is celebrated on Monday, February 6th! On this day it is customary to partake of fruits from the Holy Land including grapes, figs, pomegranates, olives and dates. All of which I love in some form or another!

What a wonderful way to start this normally gloomy month. Remembering these gifts reminds us to reflect on the lessons we can derive from our botanical analogue. If we understand the saying "Man is a Tree of the Field" then this will help us understand the bounty of the Holy Land. We also will appreciate what we have received. This is a great lesson, to never take anything for granted. The earth below our feet, the shelters we build, the fruits that fill our bellies, and our spirituality with God. We should continue to pass along all that we have been blessed to receive and remember there are many who have nothing.

Our family of families here at CAS, is also a blessing for all of us and we should encourage these friendships and relationships as to enlarge our hearts and Congregation. We can do more as a collective good than alone, let's continue this year with brotherhood and sisterhood and expand our goals to help build a better Jewish community for us all to enjoy.

B'Shalom,

Foster



After a long and restful winter break with family and loved ones, we start 2023 full of energy looking forward to a great year ahead.

Students returned to their classrooms to continue their planned curriculum, after completing morning prayer, together as one united school community.

As an adult, modeling charitable acts is a wonderful way to teach our students the Jewish value of Tzedakah. This leads to a marked increase in a child's self-esteem, feelings of a common bond and empowerment.

When our students are included in Tzedakah projects, they discover they make a difference in the world.

Last year the LEC students collected \$325 which were donated to the "Make a Wish Foundation". This year our goal is to reach the same or more than last year's results – going from strength to strength.

The LEC year-long projects are:

1. Tzedakah box project - Collecting money for charity.
2. Toiletry donation for the Fort Worth homeless shelter.

A very special event coming up at the LEC is Tu-B'Shevat, also known as the "the new year for trees", is a wonderful opportunity to strengthen our connection to the environment.

In Israel, the holiday of Tu B'Shevat arrives along with the early signs of spring, on the fifteenth ("Tu") day of the month of

Shevat. This is perfect timing as the trees are beginning to blossom for the coming year.

On February 5th, we will celebrate the Tu-B'shevat Seder and eat the seven significant species of the land of Israel: Wheat, Grapes, Barley, Figs, Pomegranates, Olives, and Dates. LEC students will learn and explore this holiday through educational activities.

Students will then have the opportunity to plant seeds of parsley in our Star of David flowerbed, so it is ready to eat just in time for Passover.

On Tu B'Shevat we show our gratitude to all that trees and the environment that sustains us. We'll give back to our environment by making bird feeders and hanging them on our trees and organize a park clean-up to collect litter.

The students will also craft some beautiful tree-inspired artwork which will be on display for all to see on the wall close to the main office.

Save the date! March 5th - Purim grand celebration!

Best regards,
Fani Kiselstein
LEC Principal





The Magid of Dubna who was famous for his wonderful parables. Once when he visited a local town, people asked him to relate some of his famous parables. But the Magid was quiet. This was unusual for him for he always had a lot to say about every subject. However, people kept on asking him for his words of wisdom.

Finally the Magid gave in “I will tell you a parable,” he said “A man once came home from a fair bringing with him a goat. He told his wife that “now we will have as much milk as we want.” The wife was so excited that she immediately went to the barn to milk the goat. A while later she returned, and said what kind of a goat did you bring. It won’t give a drop of milk she lamented. What do you want? her husband replied. The goat is tired and hungry. How do you expect her to give milk. First feed her and let her rest and you will see that she will give you as much milk, as you want.

The moral here is that no matter what sort of stranger is in front of us we must treat that stranger with respect and dignity and as a creation of God. When we read the story of Abraham and the strangers: This weeks Parsha, Vayeira, begins, “And the Lord appeared to him (Abraham) while he sat at the door of the tent in the heat of the day. And he (Abraham) lifted his eyes and saw three men standing before him.”

Abraham ran to meet them and pleaded with them to come into his tent. The Torah describes in great detail how Abraham attended to his guests; “Let now be fetched a little water to wash your feet and recline under the tree...And I will fetch bread...And Abraham hastened into the tent to Sarah and said, Make ready quickly three measures of fine flour, knead it and make cakes. And Abraham ran and fetched a tender and good calf... And he took curd and milk and the calf which he has prepared and set it before them... and they ate.”

Although Abraham: was in the presence of God, yet as soon as the three travelers appeared, Abraham ran toward them in order to offer them hospitality. The question that each of us have to ask in life is, Who should we offer this hospitality to and why is offering hospitality to guests greater than being in the Divine Presence?

The Answer to first part-to whom do we extend hospitality is, to almost everyone. While we should not extend hospitality to someone who wants to hurt us we must extend hospitality to all others. For, Judaism teaches us that *all men are created in God’s image* and if this is so than why should we treat anyone differently, irrespective of who they are, where they come from and what they do. Does this require anything spectacular from us? No, but it does build bridges and makes our society a little nicer place to live in. This definitely is important in todays times.

Consequently, we can conclude as to the second part of our question, that opening up or doors to others, is the first step in opening up our hearts to God. For He (God) doesn’t play favorites, nor should we.

B’Shalom and Friendship,

Rabbi Andrew Bloom

Schedule of Services

Most in-person and online

- **Morning Minyan: M—F**
 - 6:55 am
 - 9:00 am National Holidays
 - 6:45 am Rosh Chodesh
- **Evening Minyan: M— Th**
 - 6:00 pm
 - **Online Only**
- **Kabbalat Shabbat: Friday**
 - 6:00 pm
- **Shabbat Morning**
 - 9:30 am

Yahrzeits—We Remember

Wed., Feb. 1 10 Shevat Leona Gordon Nathan Goldstuck Leo Kahn Elaine Stocker Harvery Gilbert	16 Shevat Myer Singer Jack Cohn	Thomas Taylor Harry Leva Ernest Stanley	Charles Dwortz Meyer Friedman	Fri., Feb. 24 3 Adar Margaret Hecht Aaron Kuperman Marie Countiss Sara Korman Oscar Schweiger Helen Collier Sol Rome Jennie Kriesberg
Thurs., Feb. 2 11 Shevat Dorothea Weinstein Pearl Rubin	Wed., Feb. 8 17 Shevat Louis Tuck Lucille Walderman Charles Anton Levsha Elgurt Jacob Tentenbaum	Mon., Feb. 13 22 Shevat Dolly Lipshitz Thomas Sankary	Sun., Feb. 19 28 Shevat Joe Vermillion Bernard Benjamin Sarah Sack Harriet Kruger Richard Lippman Daisy Wolens Silverberg	Sat., Feb. 25 4 Adar Sadie Paul
Fri., Feb. 3 12 Shevat Max Slovin Michael Shlizerman Sara Faro Ann Herzfeld	Thurs., Feb. 9 18 Shevat Esther Tuck Sheldon Labovitz	Tues., Feb. 14 23 Shevat Berta Kessler Irwin Raffel	Mon., Feb. 20 29 Shevat Beverley Moses Abe Kruger Ida Rosen	Sun., Feb. 26 5 Adar Howard Rector Marilou Labovitz Saul Balmuth Dorothy Glazer
Sat., Feb. 4 13 Shevat Sam Menscher Jimmy Wisch Colleen Owen Ben Rubin Joe Zoblotsky	Fri., Feb. 10 19 Shevat James Owen II Joan Blumberg Yetta Morris Moshe Goikhman Esther Rosen Bess Mehl	Wed., Feb. 15 24 Shevat Max Kaplan David Rubin Ruby Solomon	Tues., Feb. 21 30 Shevat Sally Nesoff Eunice Caughey Robert Lidell Jakob Kirschner Selma Richard	Mon., Feb. 27 6 Adar Frieda Cristol Rose Perlmutter Celia Goldstucker Helen Schronk Felix Nussbaum Vivian Berg M.H. Herzfeld
Sun., Feb. 5 14 Shevat Ted Herman	Sat., Feb. 11 20 Shevat Jerome Levy Mary Nations Sophie Myers Morris Schwartz Edwin Bond Isadore Rosenthal Shirley Anton A.J. (Bob) Kboudi	Thurs., Feb. 16 25 Shevat Joseph Hirshowitz Marilynn Belcher David Gilbert	Wed., Feb. 22 1 Adar Sheyna Khayt Ida Nudleman Dora Gilula Danny Glazer Hava Shafir Joseph Coggan	Tues., Feb. 28 7 Adar Sidney Lippman Fred Boehm Tony Bergman Shirley Coplin Alexandra Berger
Mon., Feb. 6 15 Shevat Etta Bloom Marvin Prager Reva Lustig Irma Hollander Alberto Listig	Sun., Feb. 12 21 Shevat	Fri., Feb. 17 26 Shevat David Meltzer Dore Goldstein Celia Karasic Daniel Kamins, D.O. Bertha Nussbaum	Thurs., Feb. 23 2 Adar Blake Sturman	
Tues., Feb. 7		Sat., Feb. 18 27 Shevat Neil Michel Anna Levy A.L. Abramowitz Jacob Aarnow Ronnie Linn		

In Honor of Rabbi Zimelman's 90th Birthday Catering Fund

Sponsors

Rabbi & Vivian Zimelman

Donors

Anonymous Donation
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 Lewis & Josephine Bassist
 Bearden Family
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Rabbi's Discretionary Fund

Yahrzeit In Loving Memory of

Norma Preston	Norman Preston
Anna Gurkoff	Gloria Gurkoff
Lynne Gurkoff	
Viqui Litman	
Shirley Cohen	Rik & Peggy Heller
	Jennifer Cole & Martha Elin
	Donna Krodman

In Honor of

Rabbi Bloom	All Saints Episcopal School
	Marc Cohen

Catering

Elijah Fund: In loving memory

Shirley Cohen	Ceil Cantor
Sylvia Schweiger	Jetti, Kim, & David Cole

Cemetery Operating Fund

Guiding Stars

Norman & Norma Rosen	Larry Rosen
George Sepp	Gloria Sepp
	Paula Rosen

In Loving Memory of

Juliet Cohen	Lon & Laurie Werner
Schultz/Ansel Family	Patricia Sullivan
Leo Berman	Joseph & Julie Berman
Jerry Leff	Rick & Lynn Chaviers

Anna Hirschowitz

Isidore Leff

Rose Leff

Jack Howard

Yahrzeit in Loving Memory of

Pearl Rubin	Allen & Elaine Schuster
Joseph Silverman	Nancy Sheinberg
Philip Sheinberg	

R.D. & Beverley Moses Youth Lounge Fund

In Loving Memory of

Anne Cohen	Sidney & Francine Cohen
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Dave Klimist Cemetery Beautification Fund

Yahrzeit

Sidney Skibell	Ruth Hendelman
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In Loving Memory

Anne Peisner	Jerry & Coco Peisner
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Milton Peisner

Morris Kruger

Pose Kruger

Cussie Kruger Brettler

Sally Kruger Chary

Bernard Chary

Garsek Patriot Garden Fund: In Memory of:

Shirley Cohen	Nanci Glazer Gay
Sadye Garsek	Elliott & Patti Garsek

Bimah Flower Sponsors

Doris Smith	Mitchell & Annette Smith
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General Operating Fund

In Memory of

Shirley Cohen	Marvin Beleck
	Carey Leva & Elizabeth Danon-Leva
	Arthur & Linda Moses
	Howard & Rhonda Bernstein
	Robb Atkin
	Murray & Elizabeth Cohen
	Jim Stanton
	Lon & Laurie Werner
	Jerry and Robin Stein

Yahrzeit In Loving Memory of

Ernest Schwartz	Evelyne Neimand
Esther Coplin Lidell	Craig Lidell

In Honor of

Facebook Live and Community Outreach	Steven Klein
Rabbi Zimelman's goth Birthday	Jim Stanton

Religious Education Fund

In Loving Memory of

Shirley Cohen	Michael & Debbie Kootman
	Margie Glazer
Richard Gay Glazer	Margie Glazer
Anne Cohen	Michael Cohen

In Honor of

Rabbi Sidney Zimelman	Eliot Slovin & Lynn Milstone
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R.D. & Beverley Moses Youth Lounge Fund

In Loving memory

Anne Cohen	Sidney & Francine Cohen
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Kiddush Luncheon Donors

In Loving Memory of

Jerry Weinstein	Phillip & Leah Saltzman
Elmer Hayman Collier	David Collier
Pat Linn	Michael Linn

In Honor of

Baby Naming	Suzu Gearing
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Many Thanks

Kiddush Luncheon Donors

- Phillip and Leah Saltzman: in memory of Jerry Weinstein
- Michael Collier: in memory of Elmer Hayman Collier
- Michael Linn: in memory of Pat Linn
- Anonymous: in honor of the LEC students and families

Shabbat Greeters

1/7/2023	Regina Rog Joyce Abramowitz
1/13/2023	Diana Weinberg
1/21/2023	Tony Bearden Joyce Abramowitz

**Dine, Dance and Enjoy
A Four Course
Ukrainian Meal**

**SUNDAY, FEBRUARY 19TH, 6-9 PM
CONGREGATION AHAVATH SHOLOM**

- Authentic Ukrainian meal
- Soft Drinks, Coffee
- Wine
- Live music by Goga

- \$36 per person
- \$45 per person at the door
- Extra \$14 caviar, vodka, souvenir shot glass

Profits to B'nai B'rith International Relief Fund to fight anti-semitism and support Ukrainian Jews

To Order Tickets Scan the QR Code or Contact
Alex Nason at anason53@gmail.com

Don't forget to Please consider a donation.



Shout Out to Our Fabulous CAS Catering Committee

Our CAS Catering Committee has been very busy since our last bulletin. They have provided catering for a Bar Mitzvah, a B'nai Mitzvah, a Baby Naming, a Shiva Dinner, a special birthday kiddush, and the Jewish Federation Hanukkah Event. Thank you for all you do CAS Catering Committee!!!



Naomi Rosenfield, Rhonda Krupp, Rebecca Isgur, Suzi Herman, and Dan Sturman

We Celebrate: Anniversaries



2/9	Justin Newhart and Jenna Sadowitz	1 Year
2/19	Yevgeniy and Rina Ostrinsky	18 Years
2/24	Josh and Jennifer Levi	16 Years
2/25	Ben and Suzanne Herman	55 Years

We Celebrate: Birthdays

2/1	Elinor Cooper	2/13	Michael Linn	2/21	Zoe Pierce
2/1	Sondra Richard	2/14	Michael Kuptsin	2/23	Ceil Canter
2/2	Scott Berger	2/14	Debby Rice	2/24	Ary Kiselstein
2/2	J.R. Faigin	2/16	Gloria Sepp	2/25	Alex Frank
2/4	Stuart Isgur	2/17	Misha Galaganov	2/25	Janeen Nicholas
2/5	Jacob Torbatian	2/17	Yetta Gresky	2/25	Mark Rosenfield
2/6	Diana Caesar	2/17	Arthur Pawgan	2/26	Hailey Seiden
2/6	Mitchell Smith	2/17	Lon Werner	2/27	Shirley Cohen
2/7	Sabrina Beleck	2/19	Aliyah Rodriguez		
2/7	Ben Herman	2/19	Jeffrey Dolan		
2/10	Sara Baker	2/20	Charlotte Goldman		
		2/20	William Goldman		
		2/20	Roberta Dubbs		

B'nai B'rith Event To Be Held In February at CAS

B'nai B'rith presents a special evening in support of displaced Ukrainian Jews, featuring an authentic four course Ukrainian meal, wine, live music, dancing and entertainment by Dallas-based internationally acclaimed singer and musician Goga.

The event, open to the entire community, will be held on Sunday, February 19th, 6:00 – 9:00 pm, here at Ahavath Sholom. Advance sale tickets are \$36, or \$45 at the door, with profits going to the B'nai B'rith Relief Fund to support Ukrainian Jews and fight antisemitism. Ukrainian vodka, caviar and a souvenir shot glass will be available for a \$14 additional charge.

"After Russia invaded Ukraine, and in many cases destroyed their homes, thousands of Jews fled to Israel. Our B'nai B'rith Lodge decided to provide help by creating this fundraiser," said

Rich Hollander, president of the lodge. "It is our responsibility to stand up for those who cannot stand up for themselves. B'nai B'rith is the oldest Jewish organization in the United States. Please join us for this evening to support Ukrainian Jews."

Event donors include the Jobe and Helen Richards Foundation, Trustees Chicotsky Family; B'nai B'rith Senior Housing; Chicotsky's Liquor & Fine Wine; Sophia and Alex Nason; the Texas Jewish Post and the CAS Morning Minyan Mitzvah Fund.

RSVP by emailing Alex Nason at anason53@gmail.com



Although I have met many of you who have been so kind, gracious, and very helpful, I want to take this opportunity to introduce myself.

I am an Indiana transplant. As a Purdue graduate working in Indianapolis I met my husband

Joshua, who's from Connecticut. We have a little boy, Homer Darrell Conrad. We also have two dogs, Eustis and Layla, as well as a cat named Tatum. Our family lives in Saginaw, and we attend services at Congregation Beth Israel in Colleyville.

Among my interests are music, dance theater, wine tastings and paintings. I am

especially a sports enthusiast and fan. As a former Purdue cheerleader, my Boilermakers are my favorite special team. I also follow the Kansas City Chiefs and the Boston Red Sox. I love country music and I love Texas.

I am looking forward to meeting each and every one of you and your families. Please come by my office or contact me if I can assist you in any way.

Sincerely,

Angyl McCool
Congregation Ahavath
Sholom
Office Administrator



Sunday, February 12th
9:30 AM
in the Daily Chapel

All Are Welcome!
Bring your Tefillin. If you don't own a pair of Tefillin,
we will provide them for you.
-- Breakfast to follow --
For more information contact the office at
info@ahavathsholom.org - 817-731-4721

Join in Friendship

Ladies Auxiliary

Ava Beleck

- Book Club Once a month
- Gift Shop First Sunday of each month AND by appointment:
call CAS Office 817-731-4721

Men's Club

Dan Sturman

- Support & volunteer for LEC special programs
- Monthly meetings

For the Mitzvah of:

Beautification:	Bimah flowers	Call: 817-731-4721
Tzedakah	All funds	Call: 817-731-4721
Security	Shabbat greeters	Call: 817-731-4721
Joyful Shabbat	Donate for Kiddush, Rhonda	Call 682-429-4210



Thank you to our bulletin underwriters

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