The Prayer Leader begins the chant of Line 1. They bend their knees on the word 'Bar'chu', bow on 'Et', stand upright before 'Adonai'.

The Congregation responds with Line 2. They bend their knees and bow on the word 'Baruch', stand upright before 'Adonai'. The Prayer Leader then chants Line 2.

- 1. Praise Adonai, who is to be praised.
- 2. Praised is Adonai, who is to be praised forever and ever.