

וּשְׁמֹרוּ

וּשְׁמֹרוּ בְּנֵי־יִשְׂרָאֵל אֶת־הַשַּׁבָּת.
לַעֲשׂוֹת אֶת־הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם:
בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אוֹת הִיא לְעֹלָם.
כִּי־נִשְׁנְאָה יָמִים עָשָׂה יְהוָה אֶת־הַשָּׁמַיִם וְאֶת־הָאָרֶץ
וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנָּפֶשׁ:

And the Children of Israel shall preserve the Sabbath,
to maintain the Sabbath for their generations as an everlasting covenant.
Between Me and between the Children of Israel it is a sign for eternity,
that [in] six days, Adonai made the heavens and the earth,
and on the seventh [day] He abstained from work and rested.